

## **New Hampshire NeuroSpine Institute**

4 Hawthorne Drive  
Bedford, NH 03110

**(603) 472-8888 • Fax (603) 472-9090**

### **DIRECTIONS:**

#### **From the North**

Take Rte. 93 South to Rte. 293 South towards Manchester. Take the Bedford exit 3 off 293. The ramp curves around to the right (Macys will be across the street) and join South River Road. Stay on South River Road through 2 lights for 1.2 miles. Take a left onto Hawthorne Drive. The Institute will be the first entrance on the left.

#### **From the South**

Take Route 93 North. At the junction of Route 93 North, 101 West and 293 North, bear left onto Route 101 West. You will travel on Route 101 West 5.6 miles. Take exit marked Route 3/Kilton Road/South River Road. Stay on Kilton Road, bear right at the 3rd set of lights onto So. River Road. Stay on South River through 3 sets of lights for 1.5 miles. Take a left onto Hawthorne Drive. The Institute will be the first entrance on the left.

#### **Or**

Take Everett Turnpike North. Take the Route 101 West, Bedford and Milford exit. Follow Route 101 West to the exit marked Route 3/Kilton Road/South River Road. Stay on Kilton Road bear right at the 3rd set of lights onto So. River Road. Stay on South River through 3 sets of lights for 1.5 miles. Take a left onto Hawthorne Drive. The Institute will be the first entrance on the left.

#### **From the East**

Take Route 101 West. Route 101 will combine with Route 293. Take the exit marked Route 3/Kilton Road/South River Road. Stay on Kilton Road bear right at the 3rd set of lights onto So. River Road. Stay on South River through 3 sets of lights for 1.5 miles. Take a left onto Hawthorne Drive. The Institute will be the first entrance on the left.

#### **From the West (Milford, NH area)**

Turn Right at the junction of Routes 114 and 101. Take the exit for Route 3 (1 mile). Turn left at the stop sign onto Meeting House Road then Right at the light onto South River Road. Stay on South River Road through 1 light for 1.1 mile. Take a left onto Hawthorne Drive. The Institute will be the first entrance on the left.

**UPON ENTERING THE BUILDING, PLEASE TAKE ELEVATOR OR STAIRS  
TO THE SECOND FLOOR**