



OSTEOPOROSIS MEETING – MONTHLY EDUCATION SESSION

Meetings are held on the 2nd Tuesday of each month at 6:00PM at NHNSI, 4 Hawthorne Drive, Bedford NH 03110. (unless otherwise noted)

A light dinner will be served. The program will include a variety of educational speakers as well as a general sharing and Q&A session. The sessions are at no charge.

If you wish to register for a session/sessions, call NHNSI at (603) 472-8888.

August 13, 2009	6:00PM	PLEASE NOTE THIS IS A THURSDAY!
Topic:		Tai Chi – Balance and Safe Movement
Speaker:		Instructor Tess Rath, Academy of Health & Martial Arts
September 15, 2009	6:00PM	PLEASE NOTE THIS IS THE 3RD TUESDAY!
Topic:		Health Insurance Issues Related to Osteoporosis
Speakers:		Anne Talbot-Kleeman
October 13, 2009	6:00PM	
Topic:		Medications - For the Bones & Against the Bones
Speakers:		Jessica Nichols, PharmD; Walmart
November 10, 2009	6:00PM	
Topic:		Proper Footwear for the Osteoporosis Patient
Speaker:		Kame McAuliffe, PA-C
December 8, 2009	6:00PM	
Topic:		Group Choice
Speaker:		